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1 Release of ultrafine particles from three simulated building 2 processes

3 Prashant Kumar^{a, b, *}, Mike Mulheron^a, Claudia Som^c

4 ^aDivision of Civil, Chemical and Environmental Engineering, Faculty of Engineering and

5 Physical Sciences (FEPS), University of Surrey, Guildford GU2 7XH, United Kingdom

^bEnvironmental Flow (EnFlo) Research Centre, FEPS, University of Surrey, Guildford
 GU2 7XH, United Kingdom

^cEmpa, Swiss Federal Laboratories for Materials Science and Technology, Technology
 and Society Laboratory, Switzerland

10 **ABSTRACT**

11 Building activities are recognised to produce coarse particulate matter but less is 12 known about the release of airborne ultrafine particles (UFPs; those below 100 nm 13 in diameter). For the first time, this study has investigated the release of particles 14 in the 5–560 nm range from three simulated building activities: the crushing of 15 concrete cubes, the demolition of old concrete slabs, and the recycling of concrete 16 debris. A fast response differential mobility spectrometer (Cambustion DMS50) 17 was used to measure particle number concentrations (PNC) and size distributions 18 (PNDs) at a sampling frequency of 10 Hz in a confined laboratory room providing 19 controlled environment and near-steady background PNCs. The sampling point 20 was intentionally kept close to the test samples so that the release of new UFPs 21 during these simulated processes can be quantified. Tri-modal particle size 22 distributions were recorded for all cases, demonstrating different peak diameters 23 in fresh nuclei (<10 nm), nucleation (10–30 nm) and accumulation (30–300 nm) 24 modes for individual activities. The measured background size distributions 25 showed modal peaks at about 13 and 49 nm with average background PNCs $\sim 1.47 \times 10^4$ cm⁻³. These background modal peaks shifted towards the larger sizes 26 27 during the work periods (i.e. actual experiments) and the total PNCs increased 28 between 2 and 17 times over the background PNCs for different activities. After 29 adjusting for background concentrations, the net release of PNCs during cube crushing, slab demolition, and "dry" and "wet" recycling events were measured as 30 ~0.77, 19.1, 22.7 and 1.76 ($\times 10^4$) cm⁻³, respectively. The PNDs were converted 31 32 into particle mass concentrations (PMCs). While majority of new PNC release 33 was below 100 nm (i.e. UFPs), the bulk of new PMC emissions were constituted 34 by the particles over 100 nm; \sim 95, 79, 73 and 90% of total PNCs, and \sim 71, 92, 93 35 and 91% of total PMCs, for cube crushing, slab demolition, dry recycling and wet 36 recycling, respectively. The results of this study firmly elucidate the release of 37 UFPs and raise a need for further detailed studies and designing health and safety 38 related exposure guidelines for laboratory workplaces and operational building 39 sites.

40 KEY WORDS: Ultrafine particles; Cement and concrete; Building activities;
41 Number and mass distributions; Construction nanoparticles exposure;
42 Environment, health and safety risks; Workplace air quality

^{*}Corresponding author: Civil Engineering (C5), Tel. +44 1483 682762; fax: +44 1483 682135; Email addresses: <u>P.Kumar@surrey.ac.uk</u>, <u>Prashant.Kumar@cantab.net</u> (Prashant Kumar)

43 **1. INTRODUCTION**

44 When concrete structures approach the end of their useful life, they can 45 require extensive building works such as refurbishment and strengthening or even 46 demolition and replacement through new construction. All such building activities are known to release significant amounts of coarse particles into the local 47 48 environment. For instance, Dorevitch et al. (2006) found a 74% increase in PM_{10} 49 (particulate matter with $\leq 10 \ \mu m$ aerodynamic diameter) concentrations 100 m 50 downwind of a high-rise building demolition site in Chicago, USA. Likewise, Fuller et al. (2002) showed that fugitive PM_{10} emissions produced from building 51 works at Marylebone Road in London during September 1999 contributed to daily 52 mean PM₁₀ concentrations in excess of 50 μ g m⁻³. In a subsequent publication, the 53 same authors reiterated that local fugitive PM_{10} episodes arising from building 54 and road works in London and south east England can cause daily mean PM_{10} 55 concentrations to exceed 50 μ g m⁻³, breaching the EU limit value (Fuller and 56 57 Green 2004). However, there are limited studies that quantify the release of 58 ultrafine particles (UFPs; those below 100 nm in diameter) that arise from 59 building works. A rare study on this topic by Hansen et al. (2008) found UFP concentrations in the vicinity of an old four-story reinforced concrete hospital 60 61 building undergoing demolition to increase by up to 1.6 times. The UFPs 62 produced during the demolition of such structures have the potential to carry airborne pathogens or viruses into the surrounding environment, including schools 63 64 and densely populated residential or commercial areas. This is of some concern as 65 currently there is very little documented about the release of UFPs from building 66 activities associated with concrete structures and their subsequent redistribution both within, and across, the surrounding infrastructure. 67

68 The hydration of Portland cement is known to produce a series of hydrates silicate 69 structures at the nanoscale which are characterised by having a extremely high 70 surface area and associated multi-scale, inter-connected, pore system (McDonald 71 et al. 2007). The fracture of these complex hydrated silicates within cement paste 72 (and also some aggregates) during the demolition, refurbishment and recycling of 73 concrete structures has the potential to release nano-sized particles of a range of 74 potentially reactive aluminosilicates. Such processes appear to be poorly 75 understood and require targeted studies. Recent trends to incorporate carbon nanotubes and plasticizers (e.g. nano-silica, Fe₂O₃, SiO₂, TiO₂) within a concrete 76 77 mix to improve workability, pore structure, thermal behaviour, compressive and 78 flexural strengths (Mann 2006; Nazari and Riahi 2011) introduce additional 79 sources of UFPs within the structure of the cement paste and have been reviewed 80 by Sanchez and Sobolv (2010). Thus, besides the usual emissions due to the 81 fracture of conventional concrete, which is the topic of this study, the 82 nanomodifications incorporated into the concrete mixes may also become 83 airborne during construction, transport, storage or demolition (Bystrzejewska-84 Piotrowska et al. 2009). It is important to note that the physical and chemical 85 characteristics of UFPs produced during the processing of concrete structures are likely to differ from other airborne UFPs which are mainly produced from the 86 87 combustion of fossil fuels in vehicles or industries (Kumar et al. 2010a; Kumar et al. 2011a). As a consequence, exposure to UFPs arising from building activities 88 89 may have a different effect on both public health and the environment than UFP 90 that arise from combustion (Kumar et al. 2010b).

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92 Guidelines from the International Labour Organisation (ILO 1995) and national 93 Governments, such as the Health and Safety Act at Work (The Stationary Office 1974), place a duty on employers to provide adequate protection to workers 94 undertaking building and demolition activities. Despite the common nature of 95 these activities, there is neither very much known about the types of UFPs 96 97 generated from building activities nor do any health and safety regulations currently exist to limit their emission and associated exposure levels. An obvious 98 99 exception to this is the routine monitoring of asbestos during demolition and 100 refurbishment activities; the presence of which activates special methods of 101 decommissioning and subsequent handling of the generated waste stream (The Stationary Office 1974). 102

Several review studies have appeared in the recent past to suggest strategies to 103 104 measure and analyse the airborne UFP data within the workplace (Brouwer et al. 2009) and support the development of benchmark levels (Brouwer 2010). A 105 variety of personal exposure sources of UFPs such as laser printers (McGarry et 106 al. 2011), cooking activities (Buonanno et al. 2009), driving, operating small 107 appliances such hair dryers, cigarette smoke and eating at restaurants and cooking 108 109 in kitchen (Wallace and Ott 2011) have also been investigated in great detail by 110 recent research articles. There have also been comprehensive reviews of various UFP related aspects such as measurements (Kumar et al. 2010b), dispersion 111 112 modelling (Kumar et al. 2011b), technical regulatory challenges (Kumar et al. 113 2011c; Kumar 2011d), ambient and commuters' exposure to UFPs (Knibbs et al. 2011; Morawska et al. 2008), besides exposure at nanotechnology workplaces 114 (Kuhlbusch et al. 2011). There remains, however, no mention of building 115 activities produced UFPs and related exposure. 116

Given the scarcity of information on this topic, the investigation of the release of 117 UFPs from construction processes is crucial for the following reasons: (i) 118 119 assessing the source strength and exposure of people working at building sites or 120 living (and travelling) in their close vicinity, (ii) analysing the impacts of UFPs arising from building activities on local air quality, (iii) to provide regulatory 121 bodies with information for setting safe guidelines for activities involved in 122 construction, renovation and demolition of concrete structures, and (iv) 123 124 determining the penetration of UFPs arising from building activities into nearby 125 indoor shelters (e.g. residential and commercial buildings, and sensitive areas such as hospital and schools). This article investigates the release and physical 126 characteristics of particles during the crushing of concrete, demolition of concrete 127 slabs, and recycling of "dry" and "wet" concrete debris by means of a laboratory 128 study. UFPs related health and safety implications at the laboratory workplaces 129 130 and building sites are also discussed. Note that the focus of this article is on particle numbers for determining the emissions rates from selected sources and 131 processes. Chemical characterisation or the quantification of exposure doses is not 132 133 the primary aim of this work.

134 2. MATERIALS AND METHODS

135 **2.1 Instrumentation**

Experiments were carried out at the University of Surrey's Construction Materials Laboratory. A fast response differential mobility spectrometer (Cambustion DMS50) was used to measure number and size distributions of particles, released during three simulated building activities undertaken on samples of hardened concrete manufactured from three standard Portland cement 141 concrete mixes. The three test arrangements used were: (i) the compressive failure 142 of concrete (cubes) under progressive loading, (ii) the demolition of concrete slabs under (simulated) impact load, and (iii) the processing of concrete debris to 143 144 produce recycled concrete aggregate. During each test, the DMS50 measured particles in the 5–560 nm range in 32 size channels. This size range is of interest 145 146 and generally comprises over 99% of particles by number in the ambient 147 environment (Kumar et al. 2008b; Kumar et al., 2009). Unlike other similar instruments reviewed by Kumar et al. (2010b), the DMS50 is one of the fastest, 148 149 commercially available, portable, both DC and AC operatable, particle spectrometers and has been successfully deployed in previous experiments 150 (Carpentieri and Kumar 2011). The DMS50 uses a sampling flow rate of 6.5 lit 151 152 min⁻¹ which is maintained by an electric pump and a classifier restrictor located within body of the instrument. The main limitation of the instrument is the largest 153 size range measured, but this is not a concern in these experiments as the 154 155 measurements focus mainly on particle numbers and desired size range is covered. The instrument uses a differential mobility classifier that provides a sampling 156 frequency up to 10 Hz, with a time response $(T_{10-90\%})$ equal to 500 ms, without the 157 158 inlet tube. Therefore, the use of the DMS50 offered an opportunity to measure 159 size resolved particle number and size distributions in real time under non-steady 160 state conditions. The highest sampling frequency available with the DMS50 was used for measurements since the particle emission events during experiments 161 162 typically lasted for only few seconds (see Section 3). The DMS50 measures particle diameters based on the electrical mobility detection technique which 163 provides equivalent diameter of a particle after implicitly taking into account their 164 165 shape and size. The instrument was calibrated by Cambustion Ltd. in July 2010 and the experimental duration was within the calibration validity period of 12 166 167 months. A 0.25 m long thermally conductive sampling tube, made of silicon 168 rubber and having 0.0055 m internal diameter, was used to connect the DMS50 169 and the sampling location for the experiments described in Section 2.2. Sampling flow rate was kept to 6 slpm with a line pressure of 80 kPa. Losses of particles 170 171 due to diffusion within the sampling tubes were neglected considering its small length (Kumar et al. 2008c). Detailed descriptions of the working principle and 172 the application of DMS50 for ambient measurements can be found in Kumar et al. 173 174 (2010b), and Carpentieri and Kumar (2011). Over the duration of the experiments, the average ambient temperature and relative humidity (RH), measured using a 175 LaCrosse WS-2350 weather station, was found to be 18 ± 1 °C and $60\pm2\%$, 176 177 respectively.

The testing of the concrete cubes was undertaken using a Farnell, 200 Tonnes 178 179 capacity, standard cube compression testing machine (BS EN 12390-4:2000 2000). The cubes were loaded through steel sub-platens at constant rate until 180 failure (BS EN 12390-3:2009 2009). Three loading rates were employed for 181 assessing the sensitivity of UFPs produced during the stress applied to concrete 182 cubes: P1 (120 kN min⁻¹), P2 (240 kN min⁻¹) and P3 (360 kN min⁻¹). Demolition 183 of the concrete slabs was carried out using standard hand tools to simulate the 184 185 impact hammer method of demolition (Blake 1989). To simulate some of the processes that occur during recycling samples of concrete debris were processed 186 187 using a standard rotating drum mixer with both fixed and floating arms.

188 2.2 Samples and experimental set up

Testing was undertaken on samples of hardened concrete manufactured from
three cement concrete mixes, M1 (Grade C35/45), M2 (Grade C30/37) and M3

(Grade C25/30), incorporating a CEM Type I Portland cement (42.5) and a flinty river gravel aggregate (see details in Table 1). These mixes were selected to represent the typical strength range, and properties, of normal concrete mixes that might be encountered in conventional reinforced concrete buildings. It should be noted that no admixtures of any kind were employed in the manufacture of the concrete used in this study. A total of 13 samples were used during the three tests:

Three (100×100×100 mm) concrete cubes were manufactured from 197 (i) each of the mixes M1, M2 and M3 using standard methods (BS EN 198 199 12390-2:2009 2009) and the resulting nine cubes were cured for 42 days at 100% RH and 20 °C. The cubes were tested to failure in 200 compression under progressive loading at loading rates P1, P2 and P3. 201 These samples were designated as M1P1, M1P2, M1P3, M2P1, M2P2, 202 203 M2P3, M3P1, M3P2, and M3P3; with M1-3 and P1-3 referring to the strength grade and loading rate, respectively. A rectangular steel case 204 was placed around the cubes crushing area of the compression testing 205 machine to help prevent any fugitive particles from coming into the 206 207 casing area. The head of the sampling tube was kept at 0.05 m away from the cube surface to measure the source emissions in the form of 208 particle number and size distributions produced. 209

Simulated demolition was carried out on two 1000×500×50 mm fully 210 (ii) 211 compacted plain concrete slabs manufactured from mix M2 that had 212 been cured at 100% RH and 20 °C for 28 days and subsequently stored in laboratory air for 8 months at 50-75% RH and 19±2 °C. The slabs 213 were placed, in turn, on wooden supports at their ends and subject to 214 impact at their centre point using a hand-held "lump" hammer. This 215 caused immediate failure of each slab into two parts each of which 216 were then broken into smaller sections. The head of the DMS50 217 sampling tube was placed at 0.05 m above the centre of the slab for 218 219 measuring the release of UFPs simultaneously with the demolition 220 process.

221 (iii) Debris from the crushed concrete cubes and broken slabs (described above) was mixed with ≈ 25 kg of recycled concrete aggregate (with a 222 particle size in the range 5-20 mm) obtained from a commercial 223 processing plant. To simulate some of the processes that occur during 224 the recycling process the combined "dry" material was placed into a 225 standard rotating drum mixer. The mixer was then operated at a speed 226 227 of ≈ 20 rpm and the levels of PNCs produced monitored. Subsequently, 228 \approx 4 kg of water was sprayed over the surface of the aggregate and the experiment was repeated to determine the UFPs produced when 229 processing the "wet" material. Simultaneous measurements of number 230 and size distributions of particles were made during both experiments 231 by placing the head of the sampling tube at 0.15 m above the mixer's 232 perforated lid. 233

For all the tests, selection of an appropriate location of the sampling point was crucial as this can appreciably change the amount of measured PNCs. Earlier studies have demonstrated that number concentration and size distributions of particles may vary with distance to the source due to effect of transformation processes (e.g. nucleation, coagulation, condensation, deposition) (Kumar et al. 2011b), limiting the reliability of estimates for personal exposure assessments (Brouwer 2010; Brouwer et al. 2004). Since the aim of this work was to 241 investigate the release of new UFPs during the processing of concrete but not their spatial dispersion into the surrounding environment or the exposure assessment, 242 the measurement points were kept as close as possible to the samples so that the 243 source can be monitored and the volumetric release rate $(\# \text{ cm}^{-3})$ of new particles 244 into the ambient environment can be captured. It should also be noted that this 245 246 work aimed to investigate three simulated building processes (crushing, 247 demolition and recycling) using conventional Portland cement concrete samples 248 representative of that encountered in real structures. None of the samples used in 249 this study included any commercial additives and so the influence of concrete 250 admixtures on the release of UFPs is not considered in this work.

251 Estimation of particle mass distributions (PMDs) and concentrations 2.3 252 (PMCs)

253 The PMDs $(dM/dlogD_p)$ are estimated by multiplying the measured PNDs 254 $(dN/dlogD_p)$ with the mass per particle $M(D_p)$ (Park et al. 2003) based on the 255 mobility diameter, D_p , as seen in Eq. (1) below:

256
$$\frac{dM}{d\log D_p} = M(D_p)\frac{dN}{d\log D_p} \quad \text{and} \quad M(D_p) = \frac{\pi}{6}D_p^{D_f}\rho$$
257 (1)

257

Where ρ (= 2.3 gm cm⁻³) is particle density which is assumed same as the density 258 259 of a typical standard mix of concrete and Df is the fractal dimension of particles. 260 Generally, the particles are not expected to be in ideal spherical shape and their volume is no longer proportional to D_p^{3} , therefore a typical value of Df (= 2.34) is 261 adopted from the experiments of Park et al. (2003). The obtained $dM/dlogD_p$ in 262 each of 32 size bins were further integrated and summed up for obtaining PMCs 263 $(\mu g \text{ cm}^{-3})$ in desired size ranges (Kumar et al. 2008b). 264

265 3. **RESULTS AND DISCUSSION**

3.1 Release of UFPs during the crushing of concrete blocks 266

267 Contours of particle number distributions (PNDs) obtained during the crushing of the three different strength concrete cubes (M1, M2 and M3) at 268 269 varying loading rates (P1, P2 and P3) did not show any distinctive evidence of 270 new particle release (see Supplementary Information, SI, Figure S.1). These did 271 however show higher density for ~5 and 50 nm size particles. We investigated this 272 further to distinguish the effect of individual concrete blocks on number and size 273 distributions and plotted average PNDs during the crushing of each sample with 274 the background PNDs (Figure 1). Here and in subsequent tests, the background 275 PNDs were distinguished using the time series approach assuming that the 276 concentration measured during no-work activity is the background and any 277 increase during the work activity reflects new particle release (Kuhlbusch et al. 278 2011). This assumption applies well to our measurements as the experiments were 279 conducted in a confined laboratory environment where significant changes in 280 background PNDs were not expected over a relatively short sampling duration. 281 Therefore, concentrations during the no-work activity were monitored at the 282 beginning of the each test until the stabilised levels of background PNDs were 283 achieved.

284 All the PNDs showed similar shapes, peaking at about 5.6, 11.5 and 48.7 nm, 285 respectively (Figure 1). There was an increase in both the nucleation (<30 nm) 286 and accumulation (>30 nm) mode particles above the background levels during

individual crushing events. Total PNCs averaged over the crushing events of all 9 287 samples in the 5–560 nm size range were measured as $2.27\pm0.41 \times 10^4$ cm⁻³, with 288 a background contributions of about 1.47×10^4 cm⁻³. If we divide them into various 289 size bins, average PNCs over the all crushing events were ~37, 55 and 27% higher 290 291 than the background PNCs in the 5-10, 10-30 and 30-300 nm size ranges, 292 respectively. In all cases (background, total average over all events, and net after 293 subtracting background) the majority (~95%) of total PNCs were found in the 294 UFP size range (<100 nm). If we subtract the background fraction from the 295 average PNCs over the all crushing events, the remaining particles should reflect 296 the quantity of new particles release during the crushing process. Such a release in 297 the 5–100, 100–300 and 300–560 nm size ranges constituted ~94.8, 4.8 and 0.4%, respectively, of total averaged PNCs in the 5–560 nm size range (~ $0.77\pm0.50\times10^4$ 298 299 cm^{-3}). These observations clearly indicate that the majority of particles were 300 generated in the UFP size range.

301 It had originally been expected that a greater release of UFPs would be produced 302 as the rate of loading and concrete strength increased. However, a more complex picture emerged with the PNDs increasing with decrease in loading rate for cubes 303 304 manufactured from the highest strength mix (M1) while an opposite trend was 305 seen for the cubes manufactured from the lowest strength mix (M3) (Figure 1). 306 This may reflect the different failure modes observed for the M1 and M3 mixes 307 and maximum load (stress) they sustained. The concrete cubes manufactured from 308 the lowest strength mix (M3) were observed to fail non-explosively by Poisson 309 splitting with the predominant failure mode being debonding at the 310 aggregate/cement interface with little sign of failure of the individual aggregate 311 particles. This was expected given both the nature of the aggregate used, which 312 was a relatively smooth surfaced river gravel, and the high water/cement ratio (0.55) of the cement paste that acted together to limit the maximum stress that the 313 concrete could sustain without failure to 30–36 N mm⁻². In contrast, the cubes 314 manufactured from mix M1 tended to fail explosively with aggregate failure being 315 316 the main mode of failure with clear evidence of debonding at the 317 aggregate/cement interface occurring only at the lower loading rate (P3). The 318 failure stress carried by the M1 concrete cubes was between 51–57 N mm⁻² and, 319 as expected, increased with loading rate. This increased load capacity reflects the 320 improved interaction between the aggregate and the hydrated cement resulting 321 from the lower free water/cement ratio of the M1 mix (0.40). It may be noted that the cubes manufactured from the M2 mix showed "mixed" failure modes with a 322 323 complex dependence on loading rate.

324 Looking at the results in Figure 1 in detail it can be seen that there are two main 325 peaks of UFPs produced during the crushing of the concrete cubes: Peak (i) $(D_p =$ 5–6 nm) and Peak (ii) ($D_p = 40-60$ nm, along with a side peak). The loading rate 326 327 can be seen to influence the Peak (i) behaviour differently, i.e. decreasing for the 328 M1 (high strength) mix and increasing for the M3 (low strength) mix. In contrast, 329 Peak (ii) values for the M1 concrete mix are always higher than those for the M3 330 mix and in both cases are relatively independent of the loading rate. Thus, 331 considering the failure modes of the cubes this suggests that Peak (ii) reflects 332 processes associated with the explosive failure of the cubes and which are 333 connected with fracture of the aggregate particles and associated failure of the 334 cement paste. Peak (i) would appear to reflect processes that occur predominantly 335 during debonding at the aggregate/cement interface perhaps with associated crack formation through the cement paste. 336

337 The above observations generally indicate an increase in UFP concentrations, with a relatively larger change in nucleation mode particles in comparison with 338 339 accumulation mode particles, during the crushing events (Figure 1). Whilst the 340 effect of loading rate and concrete strength on PNC release could not be conclusively demonstrated the observed emissions seem to relate to failure mode. 341 342 However, confirmation of this proposal would require further investigation on a 343 larger number of samples. The findings do, however, carry an implication for those involved in the construction, repair and demolition of concrete structures in 344 345 that the processes of compressive failure are capable of creating a different size 346 range of particles depending on the strength grade and loading rates. This leads to the need for the protection of personnel exposure and improvements in 347 348 construction practices (Section 3.5).

349 **3.2** Release of UFPs during demolition of concrete slabs

350 Two concrete slabs, Slab-1 and Slab-2, were used to simulate the release of UFPs during their demolition through an impact hammer method (Blake 1989). 351 Contour plots for each case showing their number and size distributions are 352 353 plotted in SI Figure S.2. For analysing the number and size distributions of 354 particles generated during the different stages of the experiment, the data here 355 (and in Section 3.3) are divided into four sub-stages based on the temporal evolution of particles. These include: (i) background (just before the start of the 356 357 experiments; no-work period), (ii) demolition events (during the actual time of 358 impact demolition; work period), (iii) decay (starting just after the end of work 359 period and ending when the concentrations become near steady; no-work period), 360 and (iv) post-background (starting after the decay period when concentration 361 decay becomes near steady; no-work period). These sub-stages are marked in SI 362 Figures S.2 and S.3 but the concentrations measured during the first two sub-363 stages (background and actual events) were of most interest to identify new release of UFPs and are considered below for detailed discussion. 364

365

The two slabs produced different quantities of PNCs during the demolition stage 366 (i.e. 2.41×10^5 and 1.66×10^5 cm⁻³) but the physical characteristics of the contour 367 plots (SI Figure S.2), the temporal pattern of PNC release (Figures 2a and b) and 368 size distributions (Figures 2c and d) were very similar. For instance, a distinct rise 369 370 in PNDs can be seen in both cases during the demolition process for both samples 371 where the peak diameters were found at about 30 and 200 nm, respectively 372 (Figures 2c and d). Furthermore, in both cases peak PNCs increased by about 20 373 times during the demolition stage relative to the background PNCs (Figures 2 a 374 and b) and then reverted back to post-background levels after a decay process of 375 about 25 s. The post-background stage exhibited an elevated level of PNCs 376 relative to the background stage due to the accumulation of particles in the local 377 background; the post-background stage lasted for 10's of seconds before 378 returning back to background PNCs.

379

380 PNDs plotted for various stages in Figures 2c and d provide a clear indication of the release of particles in the UFP size range. Interestingly, the shape of PNDs 381 382 remains the same for all the four stages, except for the changes in their magnitude. 383 As expected, the highest PNDs were observed during the demolition stage, showing peak diameters at about 30 and 200 nm. This was then followed by the 384 385 PNDs in decay and post-background stage. One of the interesting observations 386 from these plots is that the PND spectrum moves up and down without any 387 appreciable changes in their modes and peak diameters during all stages. This negligible change in the shapes of modes indicates the influence of dilutioncontrolling the magnitude of PNDs (Kumar et al. 2008b).

390

391 Another interesting aspect to analyse from these results is the changes in 392 proportion of PNCs in various size ranges during different sub-stages. Depending 393 on the PND modes shown in Figure 2c and d, we divided the entire size range of 394 particles into three ranges: 5-100 nm (i.e. UFPs), 100-300 nm, and 300-562 nm 395 (SI Figure S.3). Generally, particles over 300 nm were found to be modest (i.e. 396 ~1% of total PNCs) during all the sub-stages whereas particles in the 5-100 nm 397 range dominated (up to 93%) the total PNCs. Further, background PNCs were 398 subtracted from the total PNCs to identify the release of new particles during the 399 demolition stage. Average particle release in the 5-560 nm size range were estimated as $1.91\pm0.36 \times 10^4$ cm⁻³ with UFPs constituting over two third (~79%) 400 of total PNCs. 401

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403 Since there are no data available in the literature to directly compare our results, 404 we have sought to put our results in perspective of the study by Hansen et al. 405 (2008). They measured the particles in various size ranges nearby the demolition 406 site of a hospital building and found UFP concentrations to increase by about 1.6 407 times above those before the demolition. If we average our PNCs over the 408 demolition and decay periods and divide them by the background PNCs, this ratio 409 for UFPs turns out to be 1.53 which is co-incidentally very similar to that 410 reported by Hansen et al. (2008). This comparison is encouraging but requires 411 further substantiation by means of laboratory investigation on a large number of 412 samples and field measurements close to the building demolition sites, as 413 described in Section 4.

414 **3.3** Release of UFPs during dry and wet recycling of concrete debris

Contour plots showing PND spectrum (SI Figures S.4a and b) indicate differences in release of new particles during "dry" and "wet" recycling of concrete debris. As in Section 3.2, the experimental data were divided into four temporal sub–stages (background, recycling ("dry" and "wet"), decay and post– background) to identify the UFPs released during recycling.

420 The use of water spraying is a common method for suppressing airborne dust 421 particles during construction activities (Tjoe Nij et al. 2003). This method can 422 suppress PM_{10} concentrations that occur during the demolition of buildings by up 423 to 10 times (Kukadia et al. 2003). Studies have also shown a decrease in UFP 424 concentrations with increasing relative humidity and, conversely, an increase in 425 UFPs during dry weather conditions (de Hartog et al. 2005). This is further 426 substantiated by the fundamental phenomena of UFP scavenging (rainout) due to 427 rainfall (Andronache et al. 2006) and aerosol-hydrometer coagulation (washout) 428 (Kumar et al. 2011b). Our results appears to compliment these observations since a significant difference was found between the total PNCs measured during "dry" 429 $(2.51 \times 10^5 \text{ cm}^{-3}; \text{ SI Figure S.4a})$ and "wet" $(0.52 \times 10^5 \text{ cm}^{-3}; \text{ SI Figure S.5b})$ 430 recycling. UFPs contributed to a major proportion of these particles; 1.88×10^5 cm⁻ 431 ³ during "dry" recycling compared with 0.46×10^5 cm⁻³ during "wet" recycling. 432 433 Similar to the other cases (Sections 3.1 and 3.2), particles over 300 nm were found 434 to be modest (i.e. ~1% of total PNCs) during both recycling processes (SI Figure 435 S.5).

436 As expected during the temporal sub-stages, largest magnitudes of PNDs were 437 found during "dry" recycling that was followed by decay and post-background 438 stages (Figure 3c). Figure 3d show a clear picture of suppressed PNDs over the all 439 size ranges during "wet" recycling as opposed to "dry recycling" (Figure 3c). 440 Particle diameters peaked at about 40 and 200 nm during the "dry" recycling 441 whereas these peaks shifted to about 30 and 200 nm, in addition to a 10 nm peak, 442 during the "wet" recycling (Figure 3d). This additional peak at ~10 nm during 443 "wet" recycling indicates a transient nuclei mode, presumably developed due to 444 the nucleation of sprayed water during rapid mixing (Kumar et al. 2011b). The 445 slight shift of 40 nm peak diameter during "dry" recycling to 30 nm during "wet" 446 recycling could well be due to the relative effect of coagulation processes as the 447 PNCs during the latter event were up to an order of magnitude larger, and high 448 enough to initiate rapid coagulation (Kumar et al. 2011b).

449 Peak PNCs increased to about 17 times against the background during the "dry" 450 recycling (Figure 3a) compared with a modest increase (~3 times) in peak PNCs during the "wet" recycling (Figure 3b). Subtraction of the background from the 451 452 total PNCs during recycling events provided estimates of new particle release in 453 addition to the indication of suppression effect of water spray on various size 454 ranges of particles. New PNC release during the "wet" recycling was computed as ~13 times smaller $(1.76 \times 10^4 \text{ cm}^{-3})$ than those found during "dry" recycling 455 456 $(2.27 \times 10^5 \text{ cm}^{-3})$. For both cases, majority of this release was in the ultrafine size 457 range which constituted nearly two third (~73%) and 90% of total new PNCs 458 during the "dry" and "wet" recycling processes, respectively. Particles in the 100-459 300 contributed about 26 and 9% during "dry" and "wet" recycling, respectively, 460 with only a modest (\sim 1%) contribution by the 300–560 nm size range in both 461 cases. The ratio of new PNCs release in the ultrafine size range (5–100 nm) to the 462 remaining size range (100–560 nm) changed from ~2.7 during "dry" recycling to 463 \sim 8.7 during "wet" recycling. The higher relative proportion of PNCs in the 5–100 464 size range with respect to larger size particles during "wet" recycling suggest that 465 the latter are better suppressed by the water spray compared with UFPs (Kumar et 466 al. 2011b).

467 **3.4** The PMDs and corresponding PMCs generated by various processes

468 Following the methodology presented in Section 2.3, the net PMDs are 469 computed (Figure 4) after subtracting the background PMDs which correspond to 470 background PNDs in Figures 1-3. Unlike the PNDs for various processes where 471 up to 95% of total PNCs were below the 100 nm size range (Figures 1-3), the 472 majority of contribution extending up to 93% came from the particles above 100 473 nm in size range (Figure 4). More precisely, this mass based contribution was 93, 474 92, 91 and 71% of total PMCs in the 5–560 nm size range for "dry" recycling, 475 slab demolition, "wet" recycling and cube crushing, respectively (Figure 5). These 476 results are in line with the observations reported for engine (Kittelson 1998), 477 indoor (Wallace and Ott 2011) and ambient monitoring studies (Harrison et al. 478 2011; Kumar et al. 2010b; Kumar et al. 2011c) due to the fact that the tiny 479 particles in the UFP size range possess negligible PMCs but notable PNCs. Also it 480 can be argued that targeted mitigation measures are required for the UFPs 481 produced from these activities since the mass based measures will not be effective 482 to limit the exposure to building activities produced UFPs.

483 Closer inspection of the PMDs demonstrated bi–modal distributions for all the 484 four processes, showing a shrink in smaller, and the other over a magnitude larger, 485 peak at about 65 and 274 nm in both modes, respectively, as opposed to the 486 background peaks at about 78 and 300 nm (Figure 4). The PMDs were also found 487 to be relatively similar in shape for each process which was not the case for the 488 PNDs. As expected, the magnitude of each PMD spectrum followed the same 489 trend as was found for the PNDs i.e. the largest for dry recycling followed by slab 490 demolition and cube crushing (Figures 1-3). No published studies could be 491 located for direct comparison but these results can be put in the context of ambient 492 studies for drawing interesting observations. For instance, Kumar et al. (2008b) 493 measured the PNDs in the 5–2500 nm size range in an urban street canyon and 494 converted them into the PMDs which showed two peaks at about 237 and 649 nm. 495 The shapes of the PMDs in these two studies were different, with an additional 496 peak in UFP size range at about 65 nm in current study, reconfirming the 497 emissions of new particles in the UFP size range.

498 **3.5** Implications of results towards health and safety regulations

499 The ILO uses the concept of "decent work" for all workers with temporary or formal employment deployed at building sites (ILO 1995), though these 500 501 guidelines do not include anything specific for UFP exposure. In Europe, the 502 general framework is provided by the regulation on occupational safety and health of workers (EU Directive 89/391/EEC; Directive 98/24/EC) and under the 503 504 REACH (Registration, Evaluation, Authorization and Restriction of Chemicals) 505 framework. This framework includes guidelines for risk assessments related to 506 synthesis, handling and transport of nanomaterials at workplaces but do not include anything relevant to UFPs arising from construction materials. In view of 507 508 the above, various countries have set out their own guidelines to control exposure 509 operational building sites. For instance, the Building and Research at 510 Establishment (UK) provides specific guidance for dust particles and PM₁₀ that 511 may become airborne (Kukadia et al. 2003). They can carry deposited biological 512 debris (e.g. fungal spores, moulds, bird droppings or aspergillus) on the building surfaces during the demolition via explosives, demolition ball, sledge and jack 513 514 hammers or other demolition plan and equipment if appropriate control measures 515 are not adopted (Kukadia et al. 2003). Furthermore, the Health and Safety 516 Executive provide guidelines for very fine dust such as respirable crystalline silica (RCS) for the use of cut-off saws during construction; exposure to RCS can cause 517 serious health effects such as lung cancer or silicosis and its 8-hour time averaged 518 exposure limit at workplaces is kept to 0.1 mg m^{-3} (HSE 2010). Exposure to other 519 520 hazardous substances, including RCS, at the workplaces is controlled through the 521 control of Substances Hazardous to Health regulations (COSHH 2005). Currently, 522 however, there is no international or local guidance for controlling the release and exposure of UFPs at buildings sites. There is a HSE Research Report on the 523 524 assessment of different metrics of the concentration of nano (ultrafine) particles in 525 existing and new industries (HSE 2006) but this limit its scope to UFP exposure in 526 industrial work places. Moreover, current control measures in terms of exposure 527 limits for dust particles or RCS are based on mass concentrations which is not 528 appropriate for UFPs as they carry negligible PMCs (Kumar et al. 2008a).

Physicochemical characteristics of particles, especially produced from buildings activities, can be substantially different in terms of their size distributions (Sections 3.1–3.3), shape, morphology, chemical composition, oxidant potential and toxicity than other nanoparticles, mainly produced from the combustion of fossil fuels (Kumar et al. 2010a; Nowack and Bucheli 2007). Even a small increase in PNCs originating from concrete demolition might have negative health 535 effects to the people exposed at workplaces, operation building, demolition or renovation sites, or in surrounding areas, though allied health effects are still 536 537 needed to be established. Building activities has been initially thought of as being 538 source of particles in the PM_{2.5} and the PM₁₀ ranges. Our study identified the UFP 539 generation which is likely to occur during demolition and related construction 540 activities in community settings. The levels of new UFP release (in the order of $\sim 10^4 - 10^5$ cm⁻³) identified here are not trivial and exposure can increase 541 appreciably if these occur for longer durations as would be the case in typical 542 543 operational situations. Thus, workers and at-risk communities may require 544 additional respiratory protection than would be needed if only coarse particulates 545 were generated. Also there is a need for the production of appropriate guidelines 546 for those involved in such activities.

547

4. SYNTHESIS AND FUTURE RESEARCH CHALLENGES

This study presents the preliminary estimates of UFP release during the crushing of concrete cubes, demolition of concrete slabs and recycling of concrete debris. Particle size distributions were measured simultaneously in the 5–560 nm size range close to the test samples to estimate the emission strengths of various simulated building activities. The results are discussed in terms of both number and mass distributions of particles and implications associated with the health and environment at laboratory workplaces and at operational building sites.

555 The shapes of PND spectrums for each activity were distinctly different from each 556 other, except for a consistent and unchanged small peak in all cases at about 5.6 nm, with the other two background modal peaks at ~13 and 49 nm diameters. 557 558 Detailed inspection of modal peaks during work against the background indicate that cube crushing produced relatively fine particles (with modal peaks at ~11.5 559 and 49 nm), followed by slab demolition (~20 and 300 nm), "wet" recycling (~30 560 561 and 200 nm, with an additional small peak at about 10 nm) and "dry" recycling 562 (~40 and 200 nm). The total PNCs increased about 2, 3, 14 and 17 times over the backgrounds during cube crushing, "wet" recycling, slab demolition and "dry" 563 564 recycling respectively. The releases of new particles during individual events were 565 estimated by subtracting the background PNCs from the total PNCs obtained during an event. These releases were found to be ~0.77, 19.1, 22.7, 0.18 ($\times 10^4$) 566 cm⁻³ during cube crushing, slab demolition, "dry" and "wet" recycling events, 567 respectively. The majority of new particle emissions were detected in the ultrafine 568 (<100 nm) size range, contributing ~95, 79, 73 and 90% of total PNCs for cube 569 570 demolition. "dry" and "wet" recycling events, respectively. crushing. Furthermore, particle release in the 100–300 nm size range during these events 571 corresponded to ~4, 19, 26 and 9%, respectively, leaving a modest fraction (~1%) 572 573 of particles over 300 nm size range.

574 As was the trend for measured PNDs during different events, the corresponding 575 PMDs were also found to be increasing in the similar following order: cube 576 crushing, "wet" recycling, slab demolition and "dry" recycling. A largest modal 577 peak in PNDs was noticed in the UFP size range (i.e. between 20 and 40 nm) for 578 PNDs whereas the similar largest modal peak in case for PMDs was found in 579 accumulation mode range (~274 nm). Like the indoor or outdoor ambient studies, 580 the major fraction of PMCs stayed over the 100 nm size range and reverse was the 581 case for the PNCs.

582 The study also has its explainable limitations. Firstly, it can be argued that 583 laboratory simulations do not represent the real operational conditions at building 584 sites. The second related argument can be the generalisation of results for real 585 world conditions. As discussed earlier, this was unclear at the first place whether such activities produce UFPs and if yes then how much proportions in various 586 587 particle size ranges. Investigating this uncultivated source, confirmation of UFP 588 release, preliminary quantification of their concentrations and outlining a 589 transferable methodology in itself justifies this work. Furthermore, the release 590 rates estimated through laboratory studies, such as here, are important for 591 workplace modelling and offer a complimentary route to derive possible exposure 592 to UFPs (Kuhlbusch et al. 2011; Schneider et al. 2011), besides providing base 593 information for designing detailed studies at operational building sites. Such 594 laboratory studies are also essential to assess the potential risks, especially in 595 cases when there is rarely any published literature available on a topic like the one 596 covered here.

597 Besides the above, this work has also opened up a number of novel questions for 598 further inter-disciplinary research to envisage related mitigation strategies. For 599 example, measurements on a large number of samples, including concrete mixes 600 with 'nanoparticles-based' admixtures (Sanchez and Sobolev 2010), are required to analyse the impact of admixtures on the rate of release and changes in 601 602 physicochemical characteristics of released particles. Also, measuring PNCs at 603 different locations during the testing can aid in mapping their spatial distributions 604 and dispersion into the surrounding environment which could help facilitate 605 exposure assessment in laboratory environments. There is also an equal need for field monitoring at building sites to link the results of various processes with the 606 607 measurements. As mentioned before "exposure to UFPs arising from building 608 activities may have different effect on both public health and the environment 609 than UFP arise from combustion". Consequently, for an efficient risk assessment and management, the ecotoxicity and the environmental behaviour of UFPs 610 arising from building activities should also be investigated as thoroughly as of 611 612 UFP evolving from combustion or engineered processes. In future these 613 investigations might influence environmental regulation.

614 5. ASSOCIATED CONTENT

615 Please see Figures S.1 to S.5 in supporting information.

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755 **LIST OF FIGURE CAPTIONS**

Figure 1. PNDs averaged over the crushing durations of concrete cubes having
different compressive strengths. Also are shown percent increase in PNCs after
adjusting for background in the 5–100, 100–300 and 300–562 nm size ranges.

Figure 2. Temporal changes in the PNCs during the demolition of concrete (a) slab–1, and (b) slab–2, and corresponding changes in average PNDs during various stages of demolition process for concrete (c) slab–1, and (d) slab–2.

Figure 3. Temporal evolution of PNCs during (a) "dry" and (b) "wet" recycling
of concrete. Also are shown corresponding mean PNDs during (c) "dry" and (d)
"wet" recycling of concrete.

Figure 4. The net PMDs during the cube crushing, slab demolition, "dry" and "wet" recycling processes. The net PMDs reflect new release of particle mass in various size range since these are obtained by subtracting the background PMDs (during no–work) from the total PMDs recorded during the event (during work) time.

Figure 5. Release of new particle number and mass concentrations from different
building activities. These are estimated by subtracting the background
concentrations.

LIST OF TABLES

Mix Designation	M1	M2	M3
Strength Grade ^a	C35/45	C30/37	C25/30
Cement (kg m^{-3})	350	344	336
20 mm aggregate ^b (kg m ⁻³)	689	677	660
10 mm aggregate ^b (kg m ⁻³)	339	333	325
Sand ^b (kg m ^{-3})	803	789	770
Free water (kg m ⁻³)	154	172	188
Free Water/Cement ratio	0.44	0.50	0.56

Table 1. Mix design data for mixes M1, M2 and M3.

^aIndicates characteristic strength (MPa) at 28 days measured using cylinder and cube specimens. ^bIn saturated, surface–dry condition.



Figure 2 Click here to download Figure: Fig. 2_PND & PNC_Slab demolition.ppt



Figure 3 Click here to download Figure: Fig. 3_PND & PNC_Recycling.ppt



Figure 4 Click here to download Figure: Fig. 4_Net PMDs.ppt



